

DO YOU CARE?

DO YOU SUPPORT SOMEONE?



IDENTIFY YOURSELF AS A YOUNG CARER

Don't be dismissed, be recognised

What is a Young Carer?

A Young Carer is a young person, under the age of 18, who has a caring responsibility. This is usually for a family member who has a disability, long-term illness, mental illness (including depression, anxieties) or drug/alcohol substance misuse.

"Ever since I've had my Carers Identity Passport I've been so proud to wear it, it gives me a sense of belonging. I think it's really cool when I see other Young Carers wearing theirs. The Carers Identity Passport really helps me when I'm with my mum in Hospital, the staff listen to me and don't just ignore me, I'm not there for the fun of it!" - Feedback from Young Carers



The Carers Identity Passport is currently recognised by;
Hospitals in Norfolk & Waveney, Community Healthcare Trusts and the Mental Health Trust.

We are also working to make it recognised with;
GP Surgeries, Optometrists, Dentists, Pharmacies and Social Prescribers



Apply for a
**FREE Carers
Identity Passport**

SCAN ME



⚡ You • Are • Amazing! ⚡

More Information

Unpaid Carers told us that they wish to be identified as Carers, in a healthcare setting. In order to help support this, Carers Voice has created a Carers Identity Passport with Carers of all ages, to ensure Carers are recognised and can get the help and support they require. The Carers Identity Passport is for all age Carers, including Young Carers and Parent Carers in Norfolk and Waveney.

Apply online using the details below.

carersvoice.org.uk/carers-identity-passport
carersidentitypassport@carersvoice.org.uk

Support for Carers

For details of information and support Services for Carers of all ages in Norfolk and Waveney, please visit improvinglivesnw.org.uk/our-work/healthier-communities/carers-support

Thanks to all of the Young Carers

at Norfolk Young Carers Forum (NYCF) for their ongoing support, advice and feedback.

For more information on the NYCF please visit caringtogether.org/support-for-carers/young-carers/nycf or contact nycf@caringtogether.org

