



**Welcomes You**

Thursday 1<sup>st</sup> May  
The Forum, Norwich  
9am to 3pm

**FREE TO ATTEND**

**Dying  
Matters**

# Supporting You to Support Others

Giving you the tools to help, at a time of loss

## Atrium

- Information, Advice & drop-in sessions from charities, businesses and organisations supporting end of life
- Norwich Death Café providing tea, cake & conversation
- Create your own token of remembrance

## Gallery

### Continuum

Immerse yourself in a contemplative space where natural materials and gentle music alongside sounds and visuals inspired by nature invite reflection on our connection to the rhythms and cycles of life.



## Auditorium

0900 to midday

Join our experts for presentations

- 'What to say, when all you want to do is help'
- 'Getting your house in order'
- Recognising Dying
- Understanding grief ....
  - Unexpected loss
  - Supporting Children
  - Living with grief

Book your place via  
Eventbrite



**Improving lives together**  
Norfolk and Waveney Integrated Care System

For more information visit  
'Compassionate Communities Norfolk & Waveney'

