

celebrate Palliative Care Week



Monday 8th September 2025 11am - 4:30pm

Norfolk and Norwich University Hospital
East Atrium, Level 1

Living Well Day

‘Living for today, planning for tomorrow’

All Welcome

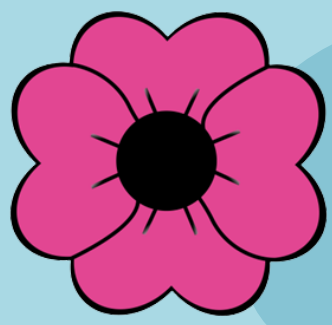
Patients, carers, Healthcare Professionals

Come and join us, browse the stands, listen to a talk (programme of speakers to follow)

The Wellness Cafe

Serving tea, coffee and cake





Our dedicated team offer specialist advice and support both on symptom control and the total care of patients, and their family, with any life-limiting illness.



Butterfly Volunteers at the NNUH provide comfort to patients who are identified as being in their last days, weeks, or hours of life.



'Tapping House is an independent hospice located near Kings Lynn. We aim to provide individualised support to people living with life limiting and long term conditions, and those closest to them, at each stage of their journey, helping them to live as well as possible for as long as possible, and to prepare for and die with compassion and dignity. We believe that focussing on wellbeing and quality of life ensures that people will live well right up to the very end'

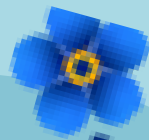


Big C Cancer Charity
— EST. NORFOLK 1980 —

Big C Cancer Charity can support you and your family from the time of a palliative care diagnosis, offering one-to-one support, counselling, group sessions, and practical advice. Drop into our cancer support centre at the NNUH or call us on 0800 092 7640.



NNUH Dementia Support Team
Providing dementia care needs assessment and care planning, plus additional support for people living with dementia and their carers.



Alzheimer's Society delivers the Dementia Support Service for Norfolk and Waveney. We offer local telephone support and access to community-based Dementia Advisors and Specialist Nurses in collaboration with NSFT and Dementia UK.



Wouldn't it be wonderful if more people living with life-shortening conditions and their families, truly experienced the support of the community around them? The Healing Harbour Charity is 'Bringing People Together', a volunteer led 'compassionate community' based in North Norfolk.



Carers Voice is an independent charity representing Carers in Norfolk and Waveney. Our mission is to improve the health and wellbeing of all age Carers in Norfolk and Waveney. Through working together with Carers and services, we make sure that the voice of Carers is heard and listened to, meaning support and services are what Carers want and need.



The UK's leading charity providing community-based animal assisted therapy.



Norfolk and Waveney Talking Therapies

The Norfolk and Waveney Talking Therapies offers help and support to improve wellbeing and manage stress, low mood, and anxiety. We aim to reduce the onset of mental ill-health, prevent deterioration and promote recovery by offering a range of flexible services tailored to meet your specific needs.



End of Life Doula UK
doing death differently

Supporting people in our communities to have the conversations, choices, and care they need at the end of life.



Star Throwers is a cancer support charity based in Norfolk dedicated to supporting people affected by cancer, from diagnosis through to life after cancer. We provide nurse-led cancer information sessions to help people to become well-informed about their cancer and all of their treatment options - including clinical trials and we help people to manage the effects of their cancer and cancer treatments through our wellbeing support.



Norfolk & Norwich Hospitals Charity



Norfolk and Norwich University Hospitals
NHS Foundation Trust



Norfolk County Council

