

Celebrate Palliative Care Week

Wednesday 9th September 2026 10am - 3.00pm
Norfolk and Norwich University Hospital
East Atrium, Level 1

Living Well Day

'It's not what you think'

All Welcome

Patients, Carers, Healthcare Professionals

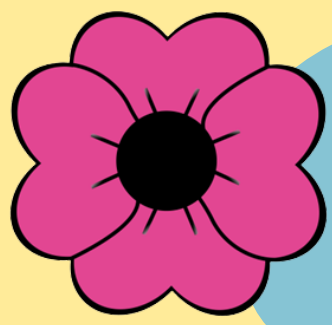
Come and join us, browse the stands, listen to a talk (programme of speakers to follow)



The Wellness Cafe

Serving tea, coffee and cake





Our dedicated team offer specialist advice and support both on symptom control and the total care of patients, and their family, with any life-limiting illness.



Butterfly Volunteers at the NNUH provide comfort to patients who are identified as being in their last days, weeks, or hours of life.



Cancer Charity
— EST. NORFOLK 1980 —

Big C Cancer Charity can support you and your family from the time of a palliative care diagnosis, offering one-to-one support, counselling, group sessions, and practical advice. Drop into our cancer support centre at the NNUH or call us on 0800 092 7640.



We work in partnership with dementia UK to provide Admiral Nurses to support the Armed Forces community and their families and those living with dementia



Priscilla Bacon Hospice Charity funds complementary services to help people live as well as possible, working collaboratively with EEC NHS Trust to support people affected by death, dying and bereavement across Norfolk”



Wouldn't it be wonderful if more people living with life-shortening conditions and their families, truly experienced the support of the community around them? The Healing Harbour Charity is 'Bringing People Together', a volunteer led 'compassionate community' based in North Norfolk.



The UK's leading charity providing community-based animal assisted therapy.

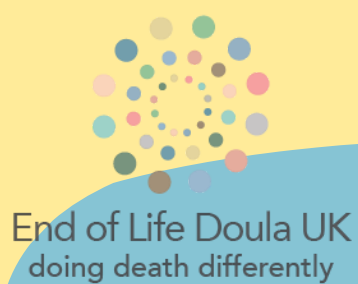


Carers Voice is an independent charity representing Carers in Norfolk and Waveney. Our mission is to improve the health and wellbeing of all age Carers in Norfolk and Waveney. Through working together with Carers and services, we make sure that the voice of Carers is heard and listened to, meaning support and services are what Carers want and need.



Norfolk and Waveney Talking Therapies

The Norfolk and Waveney Talking Therapies offers help and support to improve wellbeing and manage stress, low mood, and anxiety. We aim to reduce the onset of mental ill-health, prevent deterioration and promote recovery by offering a range of flexible services tailored to meet your specific needs.



Supporting people in our communities to have the conversations, choices, and care they need at the end of life.



Star Throwers is a cancer support charity based in Norfolk dedicated to supporting people affected by cancer, from diagnosis through to life after cancer. We provide nurse-led cancer information sessions to help people to become well-informed about their cancer and all of their treatment options - including clinical trials and we help people to manage the effects of their cancer and cancer treatments through our wellbeing support.



Norfolk & Norwich Hospitals Charity

‘Wisdom Beyond Diagnosis’
Healing with acceptance and curiosity.
Learning to listen to your body. Living with hypermobile Ehlers Danlos Syndrome - Elaine will be available to chat, share and support throughout the day’.



Compassionate Communities
Norfolk & Waveney



Norfolk and Norwich University Hospitals
NHS Foundation Trust



Norfolk County Council